



Shanghai 1814 GLUTEN FREE MENU

PLEASE NOTE

Guests with allergies and intolerances should make a member of the team aware, before placing an order for food or beverages.

Guests with severe allergies or intolerances, should be aware that although all due care is taken, there is a risk of allergen ingredients still being present.









Please note, any bespoke orders requested cannot be guaranteed as entirely allergen free and will be consumed at the guest's own risk.

Prices include VAT at the current rate. A discretionary service charge of 10% will be added to your bill.

Chef recommendations  Vegetarian  Spicy 

Vegan and Gluten Free option available, ask your server

Crispy Seaweed		£ 5
Salt & Pepper Chicken 		£ 8
<i>Chili, Spring Onion, Garlic</i>		
Salt & Pepper Prawn 		£ 9
<i>Chili, Spring Onion, garlic</i>		
Steamed Fresh Scallops		Each £ 6
<i>Vermicelli, Enoki mushroom, garlic, spring onion</i>		
Chicken Sweetcorn Soup		£ 7
Crab Meat Sweetcorn Soup		£ 7
Fresh Lobster	Seasonally Priced	
<i>Ginger, Spring Onion</i>		
Japanese Wagyu Beef 		£80
<i>Asparagus, Enoki Mushroom, Onion</i>		
Steamed Seabass Off Bone. 		£24
<i>Ginger, Spring Onion / Black Bean</i>		
Stir-Fry Canada Scallop in Black Truffle Sauce 		£18
<i>Shimiji Mushroom, Soya Sauce</i>		
Spicy Curry Prawn  		£14
<i>Chili, Edamame, Shimiji Mushroom</i>		
Stir-Fry Prawn in Black Bean Sauce 		£14
<i>Pepper, Onion, Spring Onion</i>		
Sizzling Hot Plate Beef with Ginger & Spring Onion		£13
<i>Ginger, Spring Onion, Onion, Carrot</i>		
Stir-Fry Beef in Black Bean Sauce 		£13
<i>Pepper, Onion, Spring Onion</i>		
Sizzling Hot Plate Chicken in Ginger & Spring Onion		£12
<i>Ginger, Spring Onion, Onion, Carrot</i>		
Chicken in Black Bean Sauce 		£12
<i>Pepper, Onion, Spring Onion</i>		
Black Bean Aubergine Tofu in Claypot 		£11
<i>Spring Onion</i>		

Stir-Fry Baby Broccoli (Garlic / Ginger / Plain) 	£11
Stir-Fry Kai Lan (Garlic / Ginger / Plain) 	£11
Stir-Fry Pak Choi (Garlic / Ginger / Plain) 	£11
Stir-Fry Morning Glory (Garlic / Ginger / Plain) 	£11
Stir-Fry Mix Vegetable 	£11
Special Fried Rice <i>Shrimp, Chicken, Edamame</i>	£ 8
Chicken Fried Rice <i>Spring Onion</i>	£ 8
Egg Fried Rice  <i>Spring Onion</i>	£ 4
Steamed Jasmine Rice	£ 3
Vegetable Fried Rice  <i>Carrot, Fungus, Edamame, Sweetcorn</i>	£ 6
Singapore Vermicelli  <i>Shrimp, Pepper, Fungus, Carrot, Chili</i>	£11